Shawnee Middle School CC Training Log

Name: _____

Run and have mileage initialed on log to earn a place on the Mega Mileage Club (50, 100, or 150 Mile Club for the summer.

	Mon		Tue		Wed		Thu		Fri		Sat		Sun		Weekly Total		Notes
	Miles	Parent's	*Miles*	Parent's	*Miles*	Parent's	*Miles*	Parent's	*Miles*	Parent's	*Miles*	Parent's	*Miles*	Parent's	*Miles*	Parent's	
Date (Monday)	*Run*	Initials	*Run*	Initials	*Run*	Initials	*Run*	Initials	*Run*	Initials	*Run*	Initials	*Run*	Initials	*Run*	Initials	info. on weather, location, ect.